

## ***Menu***

### ***Breakfast:-***

*(Served in the dining room or by tray to your room)*

Cooked breakfast – grilled bacon and egg (fried, poached, scrambled, boiled).

Cereals - Porridge, Wheat Biscuits, Bran Flakes, Shredded Wheat, Cornflakes, Rice Crispies, Muesli.

With a choice of whole cream or semi-skimmed milk, fruit or natural yoghurt.

Wholemeal or white toast with a choice of preserves and spreads.

Tinned grapefruit, stewed prunes, dried sultana & raisins, mandarin segments or fresh fruit.

Choice of fruit juices:- Orange, cranberry or apple.

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### ***Lunch:-***

Steak and kidney pie with boiled potatoes and vegetables.

Artic Roll.

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### ***Evening Meal:-***

Soup of the Day and bread & butter.

Selection of sandwiches.

Bubble 'n' squeak cakes.

Various desserts, cheese and biscuits.

Special diets catered for, ask the Catering Staff or Manager for details.

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Wholemeal or white toast with a choice of preserves and spreads.

Tinned grapefruit, stewed prunes, dried sultana & raisins, mandarin segments or fresh fruit.

Choice of fruit juices:- Orange, cranberry or apple.

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### ***Lunch:-***

Toad in the hole with chipped potatoes and baked beans.

Sago Pudding.

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### ***Evening Meal:-***

Soup of the Day with bread & butter.

Selection of sandwiches.

Jacket potatoes with a selection of fillings

Various desserts, cheese and biscuits.

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With a choice of whole cream or semi-skimmed milk, fruit or natural yoghurt.

Wholemeal or white toast with a choice of preserves and spreads.

Tinned grapefruit, stewed prunes, dried sultana & raisins, mandarin segments or fresh fruit.

Choice of fruit juices:- Orange, cranberry or apple.

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### ***Lunch:-***

Chicken in a white wine sauce/quorn fillets with sauté potatoes and a selection of seasonal vegetables.

Chocolate sponge pudding.

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### ***Evening Meal:-***

Soup of the Day and bread & butter.

Selection of sandwiches.

Pork pie and salad.

Various desserts, cheese and biscuits.

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With a choice of whole cream or semi-skimmed milk, fruit or natural yoghurt.

Wholemeal or white toast with a choice of preserves and spreads.

Tinned grapefruit, stewed prunes, dried sultana & raisins, mandarin segments or fresh fruit.

Choice of fruit juices:- Orange, cranberry or apple.

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### ***Lunch:-***

Savoury Mince/Quorn mince with dumplings, mashed potato and vegetables.

Bananas and custard or ice cream..

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### ***Evening Meal:-***

Soup and bread & butter.

Selection of sandwiches.

Cheese, potato and onion pie.

Various desserts, cheese and biscuits.

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With a choice of whole cream or semi-skimmed milk, fruit or natural yoghurt.

Wholemeal or white toast with a choice of preserves and spreads.

Tinned grapefruit, stewed prunes, dried sultana & raisins, mandarin segments or fresh fruit.

Choice of fruit juices:- Orange, cranberry or apple.

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### ***Lunch:-***

Cod, chips and peas.

Fruit salad with cream or ice cream.

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### ***Evening Meal:-***

Soup of the Day and bread & butter.

Selection of sandwiches.

Scotch eggs and salad.

Various desserts, cheese and biscuits.

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With a choice of whole cream or semi-skimmed milk, fruit or natural yoghurt.

Wholemeal or white toast with a choice of preserves and spreads.

Tinned grapefruit, stewed prunes, dried sultana & raisins, mandarin segments or fresh fruit.

Choice of fruit juices:- Orange, cranberry or apple.

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### ***Lunch:-***

Bacon and mushroom pie with potatoes and vegetables.

Jam Roly Poly with custard or ice cream

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### ***Evening Meal:-***

Soup of the Day and bread & butter.

Selection of sandwiches.

Corned beef hash

Various desserts, cheese and biscuits.

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With a choice of whole cream or semi-skimmed milk, fruit or natural yoghurt.

Wholemeal or white toast with a choice of preserves and spreads.

Tinned grapefruit, stewed prunes, dried sultana & raisins, mandarin segments or fresh fruit.

Choice of fruit juices:- Orange, cranberry or apple.

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### ***Lunch:-***

Roast Lamb with mint sauce, Roast and mashed potatoes and a selection of seasonal vegetables.

Eves Pudding

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### ***Evening Meal:-***

Buffet tea.

Special diets catered for, ask the Catering Staff or Manager for details.

## *Meal Times*

### **Breakfast**

Breakfast is served throughout the morning either in the dining room or by tray in your bedroom.

### **Lunch**

Lunch is served at 12:30 hours in the Dining Room. If requested a tray will be taken to your bedroom.

### **Evening Meal**

The evening meal is served from 5 pm in the Dining Room. A tray can be provided if you wish to go to your room.

*If you wish to take your meals earlier or later, please speak to the Catering Staff who will ensure your requirements are met.*

### **Supper**

A selection of sandwiches, toast and cheese and biscuits are available throughout the evening upon request.

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### **Beverages**

Hot drinks and biscuits by trolley service, are offered at 10:30am, 3pm and 7:30pm. (also following a meal). Early morning and late evening drinks are provided by request. Drinks – hot and cold are available throughout the day and night, please inform staff of your wishes.

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**Fresh Fruit** is available throughout the Home in fruit bowls for your convenience. Please help yourself.

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Special Diets Catered for. For further information please see the Manager or the Catering Staff, who will be happy to help.